

# Applied Psychology Newsletter



Students present and volunteer at the 37<sup>th</sup> Annual Western Pennsylvania Undergraduate Psychology Conference (WPUPC) held at Robert Morris University on Saturday, April 25, 2009

## RMU's Applied Psychology Majors

- Majors
- Graduates

#### WPUPC held for the first time at Robert Morris University

Western Pennsylvania Undergraduate Psychology Conference has given undergraduate students in psychology the chance to present their research for 37 years. The first conference was held at Alliance College in 1973. Since then thousands of students presented research at the conference which is typically held the last Saturday in April.

This years' conference was held in the Sewall Center at Robert Morris University on Saturday, April 25, 2009. There were 243 attendees from 18 different colleges and universities (PA, OH, NY, and MD).

Of the 243 attendees there were 86

poster presentations and 23 paper presentations. The research presented was from various subcategories of psychology. The categories included social, cognitive, learning, health, personality, motivation, emotion, gender, and culture.

The keynote speaker at this years' conference was Dr. Roger Hock, author of, "Forty Studies That Changed Psychology."

The conference was coordinated by Dr. Stephen Paul, Dr. Kathryn Dennick-Brecht, Ashley Wagers, and the Psychology Department at RMU.

### New concentrations for applied psychology majors

RMU has created new concentrations for Applied Psychology students. As a major requirement, each Applied Psychology major has to complete a minor. Before, students picked from any minor the university offered. Now the students have the added option to complete a concentration in Clinical or Sport Psychology.

Both concentrations consist of 18 credits. Many students have taken advantage of the Clinical Concentration and taken classes in Individual and Group Counseling, Personality, as well as Psychological Assessment. New courses

just added to the concentration include Clinical Psychology and Advanced Abnormal Psychology.

The Sport Psychology Concentration also allows students to specialize. This concentration has courses such as Psychology of Sport, Psychology of Learning, Physical Fitness, along with several courses from fields like Psychology, Biology, and Sociology.

The Applied Psychology major at RMU is continuing to grow and giving students the "foundations for success."

"Everything that irritates us about others can lead us to an understanding of ourselves."

~ Carl Jung

# Psychology Faculty



Dr. Stephen Paul, Dr. William Kelly, and Dr. David Wheeler "posing" for a picture at the 1st Annual Psi Chi Induction Ceremony.



(Above)Psychology Club members volunteered at the Special Olympics in spring 2009.

(Left) Psychology Club Christmas card (an inkblot Christmas tree) displayed during the holiday season on RMU campus.

(Middle right) Cookies created to show psychology pride and raise some money at Homecoming 2008.

(Below)The new RMU Psychology Club logo unveiled this year.

### Psychology Club brings psychology into focus

The RMU Psychology Club was founded in the spring of 2006 and has brought many psychology activities to campus for students to enjoy.

The club has a monthly meeting to discuss events and topics in psychology.

Contact Pittsburgh came back to RMU in November for the third time in three years to talk about suicide prevention.

The Psychology Club participated in many Student Government Association (SGA) events this year. This included Activities Fairs in the fall and spring to attract new members, as well as the Holiday Card contest and fundraising tables at the Homecoming Football Game.

The fall semester ended with officer elections and the club's first completely new executive board.

The Psychology Club also set up a table in the cafeteria during Eating Disorders Awareness Week (February 22-28). The club made flyers and information sheets to make students and faculty more aware of the disorders and ways to help individuals suffering from them.

During Brain Awareness Week (March 15-21) fun facts about the brain were posted around campus for students and faculty to read.

The new Psychology Club t-shirts and logo were unveiled. The club also sold Avon to fundraise some money before Christmas.

In April of 2009, Rick Maue, "The Master of Deception" came back to campus for another performance.

At the last meeting of the year Mrs. Cynthia Paul was named The 2009 Applied Psychology Faculty Member of the Year.

The school year ended with an End of the Year Picnic on Sunday, April 26, 2009. Students and faculty enjoyed hamburgers and hotdogs as well as outdoor games and activities.

## Psi Chi, The National Honor Society in Psychology comes to RMU

Psi Chi began as a national psychology fraternity that was founded September 4, 1929 at Yale University.

Psi Chi is in its 79<sup>th</sup> year of existence, and ranks as one of the largest and most successful honor societies holding membership in the Association of College Honor Societies.

Psi Chi is a member of the Association of College Honor Societies and is an affiliate of the American Psychological Association (APA) and the Association for Psychological Science (APS).

Both graduate and undergraduate students who meet the standards of Psi Chi are eligible for membership.

- Must be a registered psychology major or minor and completed three semesters of the college courses and 9 semester hours of psychology.
- 2. Must have a minimum GPA of 3.0 in psychology.
- 3. Must have an overall minimum GPA that places the student in the upper 35% of their class.
- 4. High standards of personal behavior.
- Two-thirds affirmative vote of active members present at a regular meeting of the chapter.

In the spring of 2008, RMU received their Psi Chi Charter and inducted its first members in the fall of 2008. The second induction ceremony was held in the spring of 2009 where the Chapter inducted 13 new members.

### 1st Annual Psi Chi Induction



## 2nd Annual Psi Chi Induction



The first two Psi Chi Induction Ceremonies at RMU. There are now over 30 members from RMU that have become lifetime members of Psi Chi (The National Honor Society in Psychology).