

The Bradley Center

Summer 2019 Practicum

The Bradley Center

- This is the front of The Bradley Center.
- The mission statement for TBC is:
“The Bradley Center is committed to improving the lives of children, youth and families affected by trauma, mental illness, and behavioral health challenges.”



Time to get started

- This is where everyone punches in and out for the day.
- We get our own badge number and have to use our fingerprint to get clocked in and out.



Insight's staff desk

There are four units at TBC.

1. Discovery (teenage boys).
 2. Expressions (teenage girls).
 3. Imprints/Impressions (small children and 11,12,13 year old girls).
 4. Insights (boys and girls ages 12-18, with ID and on the spectrum).
- Insights was the unit I worked in.
 - This is the desk where kids make phone calls, staff does paper work, there is a printer here, snacks, utensils, and other miscellaneous objects.



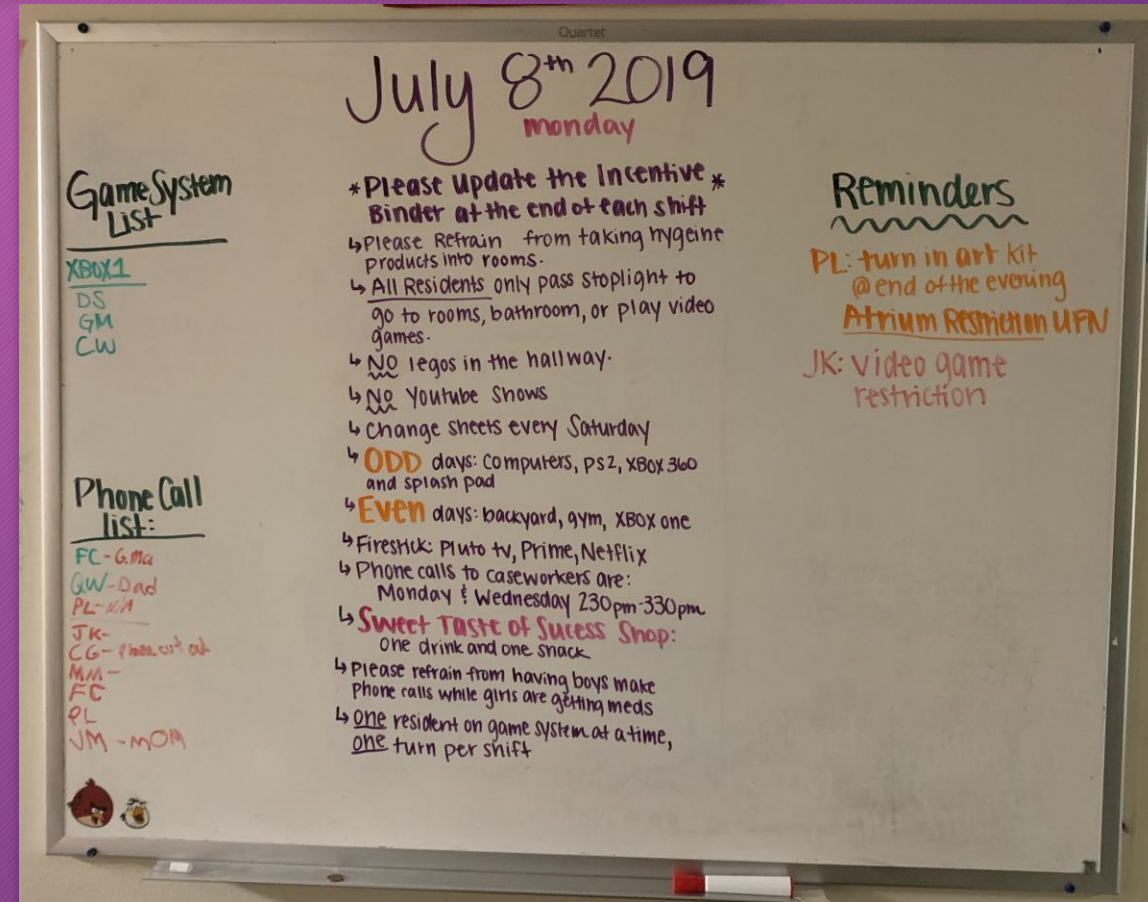
Boy's Hallway

- This is where the majority of time is spent.
- The boys have their own hallway and the girls have their own.
- In this picture you can see the TV where the boys all watch movies or shows together.
- They remain on the hallway at all times unless given permission to leave.
- I am sitting in a staff chair (only staff can sit here) and here I monitor the boys' behavior and can easily interact with them.



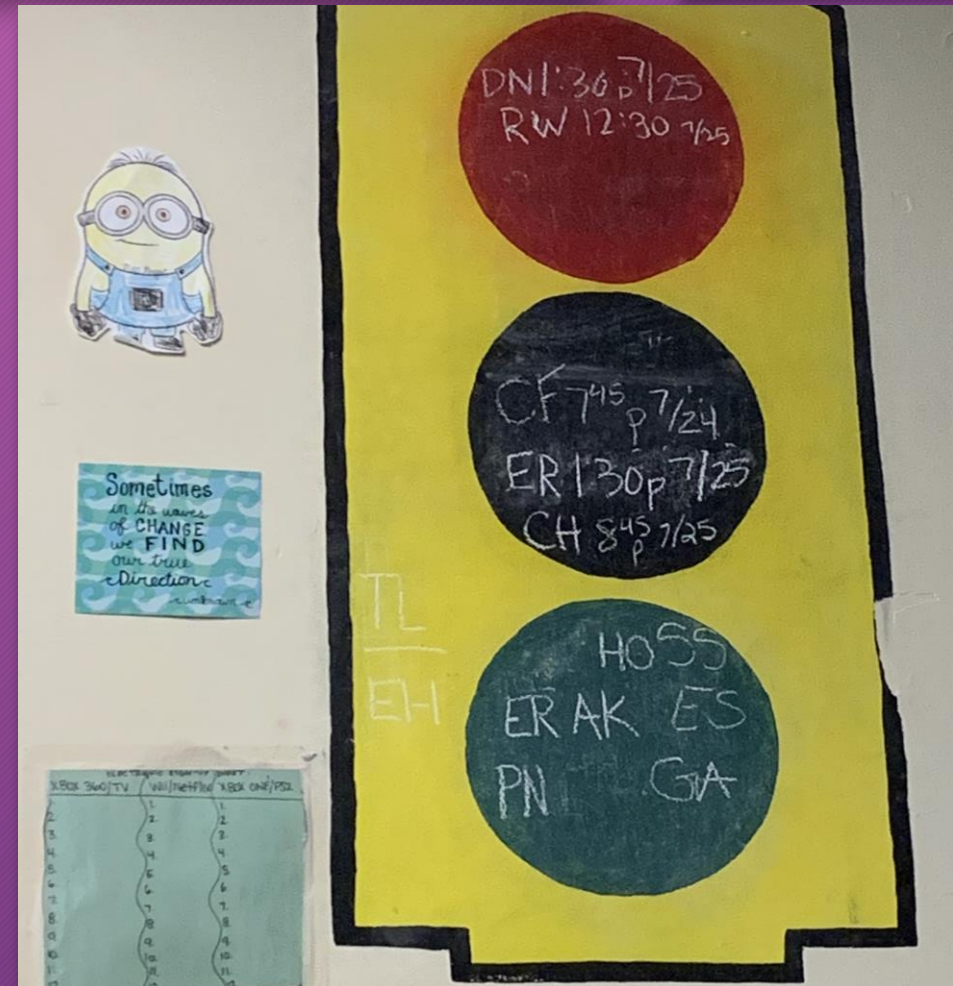
Hallway Expectations

- This is a picture of the boys expectations.
- You can see that all boys are restricted from YouTube, or Legos in the hallway and other boys have specific restrictions for specific reasons.
- On Odd days the boys get to go to computers, splash pad and have the Ps2 and Xbox 360 cart.
- On Even days they get to go to backyard, gym, and have the Xbox One cart .
- July 8th for example is an even day so the boys get to go outside.
- The girls have a similar board set up with similar expectations, but different restrictions.



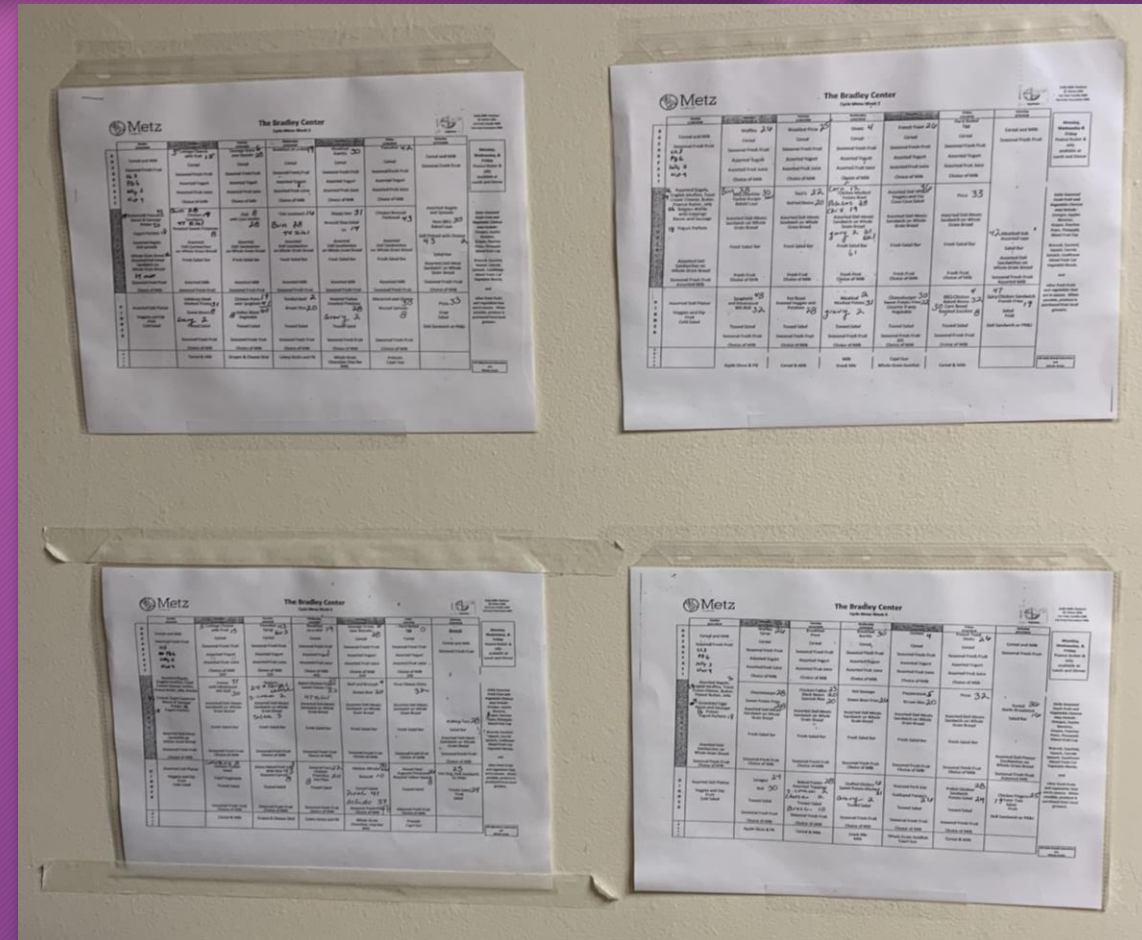
Incentive Levels

- This is the stop light of incentive levels.
- Green is the best meaning that they can do or go to any activities (i.e., outside, computers, etc.).
- Yellow is more like a warning. They can be in the hallway but are not allowed to go outside or be on any of the game system carts. You get placed on yellow for minor behaviors such as arguing, swearing, or being disrespectful.
- Red is the worst. When you are on red you must stay in your room for 24 hours after the incident that occurred. This could be for threatening, being aggressive (physically or verbally), or other unsafe behaviors.



Menu

- Here is the menu for The Bradley Center.
- There are four menus with one week on each and the menus rotate.
- This helps the children keep a schedule and know what to expect for meals each day (or any day).
- You can see that they always offer a salad bar and a deli station if the children do not like the main meal.
- Fruit is always offered as well.



Atrium

- Here is where the food is served for each unit.
- There is a salad bar, children get milk or water, and always have fruit available.
- They write on a white board what is for breakfast, lunch, and dinner.
- They have trays and to-go containers for the children that do not eat at the atrium like Insights.
- Food is also provided free for the staff which is really nice.



Insight's Kitchen

- Here is where the children bring their food to eat.
- This is also where group therapy is held.
- This kitchen is also used for life skills (some of the therapists will cook with their kids to teach them skills).
- The kitchen is also used for any activity that could be done off the hallway (bingo, coloring, games, etc.).
- We have our staff meetings in this kitchen.
- Insights is the only unit that has a full kitchen like this one.



Med Room

- At around 7-8 am and 7 pm the children get their medications.
- They line up (boys first, then girls) and grab a cup of water and meet the nurse over by this door.
- This is *always* locked because the nurses keep meds and records in this small room.
- The children must show the nurse their cup and their mouth to ensure that they did swallow their medicine.



Outside

- Here is the basketball court and the playground that the children get to use.
- We are fortunate to have an open space and a nice playground such as this one.
- The children get to come out and play when it is nice outside.
- The staff can either play ball with them or sit in the chairs outside where they can see both ways in case there are children at both spots.
- There can only be one unit outside at a time in their own designated area.



Playground and Unit Schedules



Building-Wide Schedule

	Gym	Computers	Backyard	Splash Courtyard	Atrium (Meals)
7:00 - 7:30					
7:30 - 8:00					
8:00 - 8:30		Imprints/Impress			
8:30 - 9:00		Imprints/Impress			
9:00 - 9:30	Imprints/Impress				
9:30 - 10:00	Imprints/Impress	Expressions	Insights		
10:00 - 10:30	Discovery	Expressions	Insights	Imprints/Impress	
10:30 - 11:00	Discovery	Insights	Expressions	Imprints/Impress	
11:00 - 11:30	Expressions	Insights	Discovery		Imprints/Impress
11:30 - 12:00	Expressions		Imprints/Impress	Discovery	Insights
12:00 - 12:30			Imprints/Impress	Expressions	Discovery
12:30 - 1:00	Insights	Discovery		Imprints/Impress	Expressions
1:00 - 1:30	Insights	Discovery		Imprints/Impress	
1:30 - 2:00	Discovery	Imprints/Impress	Expressions	Insights	
2:00 - 2:30	Imprints/Impress	Insights	Discovery	Expressions	
2:30 - 3:00					
3:00 - 3:30	Imprints/Impress	Expressions	Insights	Discovery	
3:30 - 4:00	Imprints/Impress	Discovery	Insights	Expressions	
4:00 - 4:30	Discovery	Insights	Expressions		Imprints/Impress
4:30 - 5:00		Insights		Discovery	
5:00 - 5:30		Imprints/Impress	Discovery	Discovery	Exp/Imp/Imp
5:30 - 6:00		Imprints/Impress	Expressions	Insights	Exp/Insights
6:00 - 6:30	Expressions	Discovery	Insights	Insights	Discovery
6:30 - 7:00	Insights	Discovery	Imprints/Impress	Imprints/Impress	
7:00 - 7:30	Discovery	Expressions		Expressions	
7:30 - 8:00		Expressions			

*Begins Monday, 4/1/19

*Activities from 8a-3p on weekends and all non-school days

*Activities from 3p-8p Remain the same all year

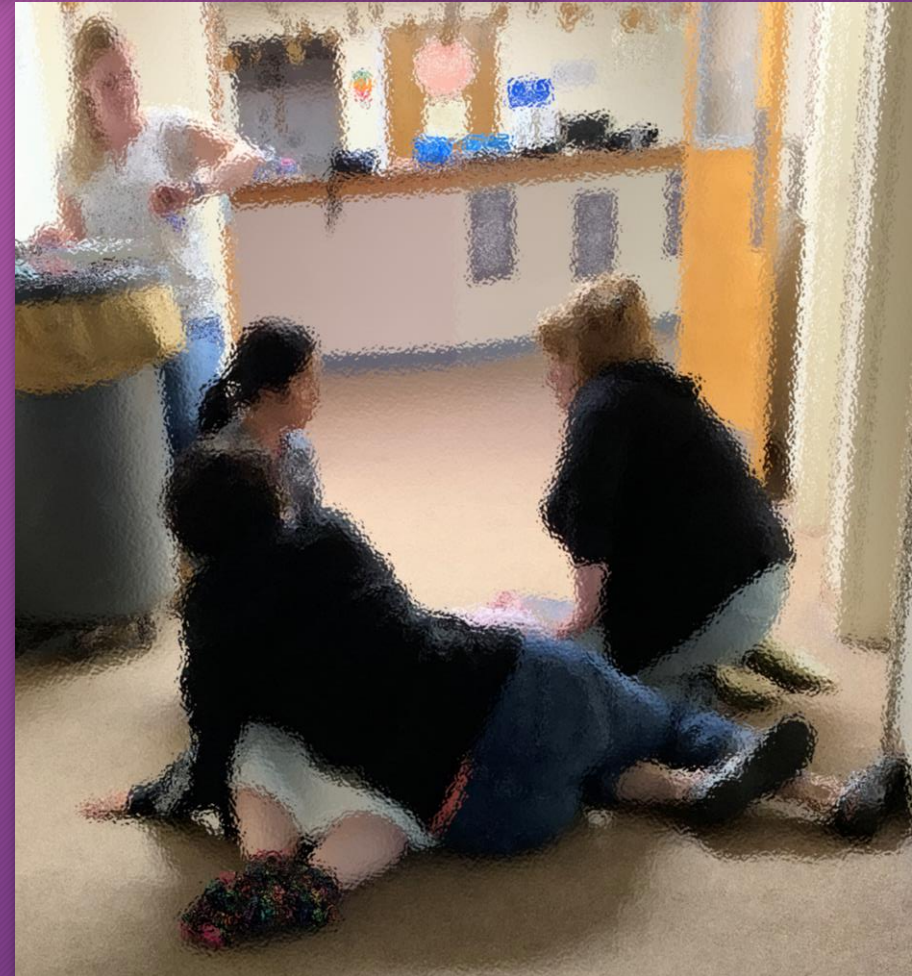
School Program

- As well as being a Residential Treatment Facility, TBC is also a school program.
- The children who live here also get to go to school here.
- Children kicked out of public schools for their behaviors are sent here.
- We have both resident and day school children.
- They get checked in each morning and complete a level one search.
- They have the same classes as our residential kids.



PPR (Passive Physical Restraints)

- Here, one of our volunteers is being restrained for practice purposes.
- I was previously in this restraint but after 10 minutes everyone switches.
- There is one person on each arm and at least one person on legs.
- There is always someone to document for legal issues.
- These are used to ensure safety of the child and anyone around the child.
- We get taught how to do it properly in our training class and then are tested; We also have refreshers.



CDR (Calm Down Room)

- This is a room where children take time to get all their emotions out.
- Children can kick and punch the walls.
- Children like to come here to process if they are feeling upset.
- After every restraint the child will come here to talk about what happened and what they can do to prevent it next time.
- Also, the nurse has to assess the child after a restraint to make sure that they did not get hurt.



“My experience at The Bradley Center was an amazing opportunity. Each day came with new challenges and I constantly had opportunities to learn and grow.”

Thank you

“Being part of something as special as helping children achieve their goals has taught me that patience is key and to always have an open mind.”