

Confidential Counseling

Summer 2021 Practicum



Why Choose Confidential counseling?

- Confidential counseling is a positive, non-competitive counseling service that serves communities.
- Confidential counseling aspires to give the most quality and ethical therapeutic services from more than 30 years of experience.

Treatment Providers

- These are the treatment providers who currently work at *Confidential Counseling*. Here is their name and their phone number to reach them.
- Matt Shollenberger is the head and owner of *Confidential Counseling*.
- Vicki Brown-Sollenberger, a therapist who supervised my experience.
- Dr Scot DePue, a doctor who practices general medicine including ketamine infusions.
- Andrea Jude, another therapist who worked alongside Vicki and the others to provide their best treatment for their patients.

Our Staff

Our reputable, talented team members are among the top in their respective fields.

We care about our clients and our community and will work tirelessly to achieve exceptional results for you.



Dr. Matt Shollenberger,
484.459.6423



Vicki Brown-Sollenberger, M.S.
484.274.9161



Dr. Scot DePue, M.D. 610-
334-8131



Andrea Jude, M.A.
484.332.4485

Daily Duties and Responsibilities

- I did daily journals writing about my day as it went on.
- I would file folders, removing old files that were not being used anymore.
- I would print out various behavioral tests while printing out more patient intake forms
- I would shadow sessions and discuss them with my supervisor

Confidential Counseling Building

- This Door is the entrance into the office
- The door on the right is Dr. DePue's office



Confidential Counseling Building

- This is the view after you first walk into the office.
- Straight ahead is the room where Dr. DePue does ketamine infuses.
- On the right where the two doors are two offices, both I have been in for different reasons.



Vicki's Office and Treatment Area



- This set up has two desks place together to create a face-to-face environment.
- Vicki sat on the right side where the patient sat on the left

Vicki's Office and Treatment Area

- This is the full view of her office.
- I sat on different areas during a session. I would either sit on the couch or on the desk
- In here I wrote daily journals about my experience and the people I was experiencing



Andrea's Office and Treatment Area

- This was the first thing you saw walking into this room
- The desk is where most of her sessions occurred



Andrea's office and Treatment Area



- Further into Andrea's office was a table that was used for:
 - Group therapy sessions
 - PO meetings, which are meetings with clients PO officers.
- I got to sit through a couple group therapies and two PO meetings.

Break Room

- This was the break room.
- This was maintained by everyone but also had a lot of water provided for everyone in the office.



My Experience

- Overall, this practicum site was challenging but also adaptable.
- The experience was honestly worth every minute. This is the site if you want something that pushes you way out of your comfort zone and keep an open mind.
- I would recommend this practicum site to others because it gives you experience in a world that others would not dare to step into. An experience where anything could come from a therapy session.
- *Confidential Counseling* is a great workplace with many helpful and intelligent treatment providers.

Our Practice Areas

