



# The Bradley Center

Psychology Practicum Photo Tour



*The Bradley Center* is a residential treatment facility for children who struggle with mental illness, trauma, or behavioral issues.

It is a place where children can get the structure and treatment to learn and grow and live a more positive life.

They are also family focused and include the child's family in the treatment plan whenever they are able to do so.

This helps the parents learn how to help their child and prepares the family and the resident for when they leave *The Bradley Center*.



# Mission, Vision, and Values

- Mission: *The Bradley Center* is committed to improving the lives of children and families affected by trauma, mental illness, and behavioral issues.
- Vision: Based on our cornerstone values of compassion, stability, and structure, *Bradley Center* children receive the behavioral tools they need to change their own lives for the better.
- Values: Guidance, compassion, and help make good decisions

# Units



Imprints & Impressions entrance

*The Bradley Center* comprises four different units. These units hold different age or gender groups or meet specific needs of children.

The units are made up of a lobby area that have two hallways leading from it. Each hallway has many bedrooms attached and holds a different group of children based on age or gender.

When joining the team, you have a choice of which unit you would like to be on but when you are PRN (pro re nata) there is a chance you may work the other units as well as help fill call-offs or gaps in the schedule.

# Units



- Imprints / Impressions-
  - Children of younger ages (8-12) would be down the Imprints hallway. Girls of the preteen and teen years (12-15) are down the impressions hallway.
- Discovery-
  - This is where most of the male residents go. Hallway A consists of younger boys about 11-15 years of age and on hall B are the residents that are about 15 years of age and up
- Insights-
  - This is the unit where the lower functioning residents stay. Hallway A is the boys hallway and hallway B is girls.
- Expressions-
  - This is where most of the female residents go. Hallway A consists of the younger females while hallway B consists the older females.

It is important to note that the age ranges can change, these ranges are based off of the population currently.

# Daily Morning Routines



- Wake up is 8:30 on weekends. The first things residents do is take their medications.
- They then complete morning routines
  - Room care
  - Hygiene
  - Showers
- Then they have lunch around 11:30 pm (depending on the unit)
- Anytime there is not a scheduled activity, they have free time to do activities such as art, games, etc.

# Child Development Specialist Morning Duties



- Wake up and making sure residents take medication and complete morning routines.
- Complete documents throughout the shifts.
- Redirect the residents from negative behaviors, keep the environment safe, de-escalate a child having a crisis, restraints, processing with a child going through a crisis or after a crisis.

# Child Development Specialist Evening Duties



- Preparing dinner and serving dinner on the unit on weekends
- Doing activities with residents
- Redirect the residents from negative behaviors, keep the environment safe, de-escalate a child having a crisis, restraints, processing with a child going through a crisis or after a crisis.

TV lounge for residents to occupy their time during free time



# Accountability Form

**Resident Accountability Form**

Date: \_\_\_\_\_ Unit: \_\_\_\_\_

Total Number of Residents: \_\_\_\_\_

TIME	OBSERVED NUMBER OF RESIDENTS	LOCATION	STAFF SIGNATURE
7:00 am			
7:30 am			
8:00 am			
8:30 am			
9:00 am			
9:30 am			
10:00 am			
10:30 am			
11:00 am			
11:30 am			
12:00 pm			
12:30 pm			
1:00 pm			
1:30 pm			
2:00 pm			
2:30 pm			
3:00 pm			

\* In the event of an evacuation of the building, please ensure that this form and the location of all residents are communicated to the Incident Commander immediately!

TX-306  
6/28/2009

**Resident Accountability Form**

Date: \_\_\_\_\_ Unit: \_\_\_\_\_

Total Number of Residents: \_\_\_\_\_

TIME	OBSERVED NUMBER OF RESIDENTS	LOCATION	STAFF SIGNATURE
3:00 pm			
3:30 pm			
4:00 pm			
4:30 pm			
5:00 pm			
5:30 pm			
6:00 pm			
6:30 pm			
7:00 pm			
7:30 pm			
8:00 pm			
8:30 pm			
9:00 pm			
9:30 pm			
10:00 pm			
10:30 pm			
11:00 pm			

\* In the event of an evacuation of the building, please ensure that this form and the location of all residents are communicated to the Incident Commander immediately!

TX-307  
6/28/2009

This is something staff has to fill out throughout the shift. It states how many residents are on the hall as a whole. We have to state where residents are (unit, computers, etc.) so if we need to evacuate the building, we know where the residents are if they are off the unit with staff. This is also for incase there is any issues where staff needs to know if kids left the unit throughout the day or not.

# Resident Shift Note

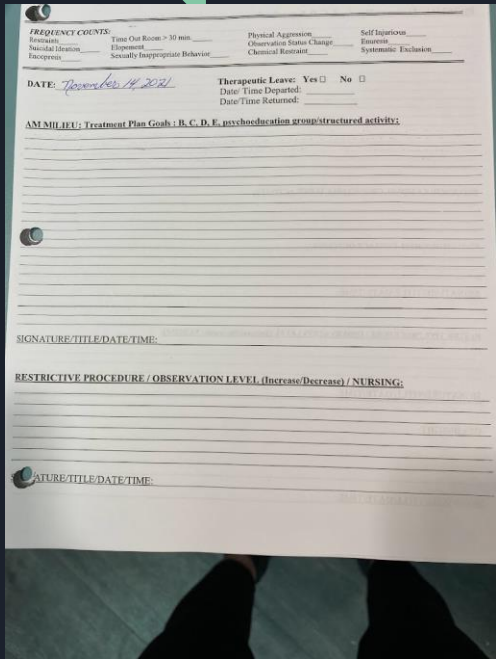
The resident shift note is where staff has to document what the resident did throughout the day.

Some examples would be whether they ate breakfast, took their meds, or participated in activities or not.

It is also important to note what the residents behaviors were like and if they were in any restraints.

At the end of the day, overnight staff will read through the notes and count how many of the different categories the resident did in the day (such as restraints).

These documents are important for the therapists and for the residents intake. It documents if the resident is improving in behaviors and if the resident did the things they needed to throughout the day.



AM Shift Note form with sections for Frequency Counts, Date (November 14, 2021), Therapeutic Leave, AM Mileage, Signature, Restrictive Procedure, and Overnight sections.

**FREQUENCY COUNTS:**  
Resistals \_\_\_\_\_ Time Out Room > 30 min \_\_\_\_\_  
Faceness \_\_\_\_\_ Elongment \_\_\_\_\_  
Sexually Inappropriate Behavior \_\_\_\_\_

Physical Aggression \_\_\_\_\_  
Observation Status Change \_\_\_\_\_  
Chemical Restraint \_\_\_\_\_

Self Injurious \_\_\_\_\_  
Enemas \_\_\_\_\_  
Systemic Toiletries \_\_\_\_\_

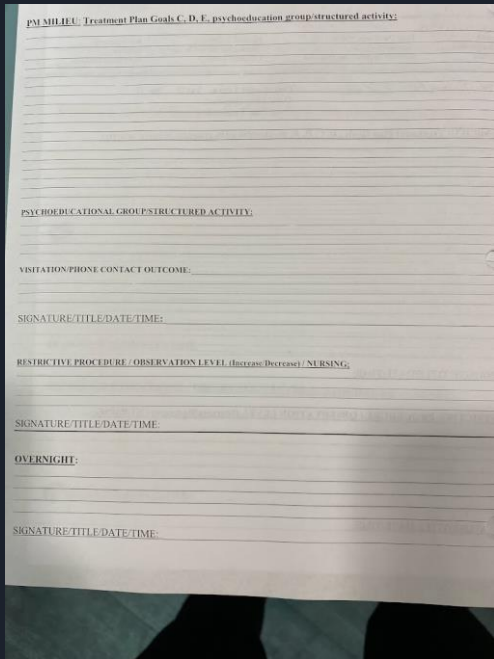
DATE: November 14, 2021 Therapeutic Leave: Yes  No   
Date Time Departed: \_\_\_\_\_  
Date Time Returned: \_\_\_\_\_

**AM MILEAGE:** Treatment Plan Goals: B, C, D, E, psychoeducation group/structured activity:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE/TITLE/DATE/TIME: \_\_\_\_\_

**RESTRICTIVE PROCEDURE / OBSERVATION LEVEL (Increase/Decrease) / NURSING:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE/TITLE/DATE/TIME: \_\_\_\_\_



PM Shift Note form with sections for PM Mileage, Psychosocial Group/Structured Activity, Visitation/Phone Contact Outcome, Signature, Restrictive Procedure, and Overnight sections.

**PM MILEAGE:** Treatment Plan Goals: C, D, E, psychoeducation group/structured activity:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PSYCHOSOCIAL GROUP/STRUCTURED ACTIVITY:**  
\_\_\_\_\_  
\_\_\_\_\_

**VISITATION/PHONE CONTACT OUTCOME:**  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE/TITLE/DATE/TIME: \_\_\_\_\_

**RESTRICTIVE PROCEDURE / OBSERVATION LEVEL (Increase/Decrease) / NURSING:**  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE/TITLE/DATE/TIME: \_\_\_\_\_

**OVERNIGHT:**  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE/TITLE/DATE/TIME: \_\_\_\_\_

# Programming for Impressions

November 2021							
Date Earned	What Was Earned?	Redeemed? (Yes/No)	Monday	Tuesday	Wednesday	Thursday	Friday
11/3	Free quiet time	Yes = on 11/4	1.	2.	3.	4.	5.
			8.	9.	10.	11.	12.
			15.	16.	17.	18.	19.
			22.	23.	24.	25.	26.
			29.	30.			

Hygiene AM	Restrictions (Special Instructions)	Room-Care	Shower	Levels
✓	Pen and knob disinfection 11/26	✓	✓	Yellow to Red 11/25
✓	Ant. Suscept. Reaction Unit 10/26	✓	✓	Green 6
✓	Computer restriction until 11/2	✓	✓	Green 12
✓	5 bed room work finished	✓	✓	Green 3
✓	Restriction restriction	✓	✓	Green 11
✓	10pm - RESTROOM	✓	✓	Green 5
✓	Disinfect all chairs	✓	✓	Green 8
✓	Restriction restriction	✓	✓	Green 9
✓	5 bed room work finish	✓	✓	Green 10
✓	5 bed room work finished	✓	✓	Green 4
✓	Sew sweater	✓	✓	Green 7
✓	Ant. Suscept. Reaction Unit 10/26	✓	✓	Green 1
✓	11/2 Computer restriction until 11/2	✓	✓	GREEN 2
19...	Monday	Oct 25 <sup>th</sup>	2021	

During the shift, if a resident is not meeting expectations they are dropped a “level” (green, yellow, or red). They are allowed to use DVD players, watch TV, and go off the unit when they are on green. On yellow, they can utilize the TV cart but are not allowed in the TV lounge. They are also not allowed to leave the unit for off unit activities. When they are on red, they are not allowed to leave their room and they have to complete a packet to help them process why they are on red. Red can last from four hours to twenty-four hours depending on the behavior.

# Programming for Impressions



Since impressions consists of older children, we try to have them be more independent in the way of taking care of their own things.

One way we do this is allowing them to do their own laundry on their scheduled laundry day.

This helps them learn responsibility and time management.

# Programming for Imprints



## Imprints Jobs

<b>Meal Helper</b> <i>(Helps get meals from the atrium if possible, or helps staff set up dinner)</i>	
<b>Hall Sweeper</b> <i>(Sweeps the Imprints Hallway)</i>	
<b>Boys Bathroom Custodian</b> <i>(Cleans the Boys Bathroom)</i>	
<b>Girls Bathroom Custodian</b> <i>(Cleans the Girls Bathroom)</i>	
<b>Shower Checker</b> <i>(Helps Staff check the showers after each use to ensure they are clean)</i>	
<b>Garbage Helper</b> <i>(Helps empty the little trash cans into the big one, or helps pick up trash they see in the hallway)</i>	
<b>Community Meeting Assistant</b> <i>(Helps staff ask the community meeting questions to the residents and staff)</i>	
<b>Unit Toy Collector</b> <i>(Prior to bedtime will ask peers to turn in any unit toys or art supplies and help staff return them to the group room)</i>	
<b>Cup and Paper Towel Restocker</b> <i>(Will help staff restock the cups and paper towels when they are running low or out)</i>	
<b>Meal Clean Up</b> <i>(Will wipe down the tables and sweep the floors after meals)</i>	
<b>Kindness Catcher</b> <i>(Will report to staff any positive things they observe their peers doing so that it can be added to "Kudos for Kids")</i>	

### Rules for Jobs

1. You cannot do your job if you're on red or it is passed 8pm bedtime.
2. You can only do your job at staff discretion. Do not assume you can leave quiet time to do your job as this will not often be the case.
3. Jobs will be chosen every Saturday or Sunday evening. Residents highest on green will choose first and so on.
4. You may choose not to do your job, but doing so will result in you being fired from your job. If you are fired from your job you will not be able to have a new one until jobs are chosen at the end of the week.
5. Jobs will be paid out at the end of each week. You can currently earn 3 Bradley Bucks for every day of the week a job is completed for a max total of 21 Bradley Bucks that will be paid out at the end of the week (Not the day off).
6. Doing your job will NOT count as restorative justice. A unit will not receive a preferred job, you will not have a job if all of the residents may receive a job/role.
7. If you react negatively when receiving a preferred job, you will not be able to receive it.
8. Staff on the hallway that jobs will be the ultimate decision maker on your job works. When you cannot complete your job, or if you call, continue to give your job.

## Incentive Behaviors

**GREEN**

- Follow staff directives within 1 assumption
- Complete Hygiene and Room Care in unit by **EVERY MORNING**
- Participate in ALL therapy sessions
- Participate in school work **positively**
- 9 AM to 11 AM**
- Positive peer and staff interactions
- NO name/directive/name calling
- Display **Safe** behaviors
- NO hitting or throwing/pulling/pushing

**YELLOW**

- Having difficulty following directives within 3 prompts
- Not choosing to participate
- Having difficulty with positive peer and staff interactions
- Struggling to refrain from physical aggression

**RED**

- Requires **ANY** restraint or escort
- Engage in **ANY** verbal aggression towards peers or staff (threats/awards)
- Engaging in **physical** aggression towards peers or staff
- Engaging in **property** destruction
- Engaging in **sexual** behavior
- Engaging in **stalking/reading/trading/horror**

The Imprints programming is very similar to the Impressions programming. They have the same **green, yellow, red** system. They also have jobs where they can earn currency to spend at the stop-n-shop on the unit. This includes toys, puzzles, and there was even inflatable chairs for their rooms at one point. It is an incentive to help the residents learn responsibility. If a resident repeatedly does not do their job then they are "fired" and cannot earn unit currency this way.

# Programming for both Imprints & Impressions

Contraband Items	
Pencils	Glass
Pens	Binders
Colored Pencils	Dry Erase Markers
Metal	Batteries
Clothing with Hoods	Cologne/Perfume (metal/glass)
Scissors	Nails/Screws
Weapons	Trash bags
Locks	Tweezers/Nail Clippers
Bobby Pins/ Hair clips	Belts
Nail polish/Nail polish remover	Gum
Make up	Sharpies
Razors	Jewelry
Rocks/Sticks	

\*\*\*Please do not hide uneaten food/snacks in your room.\*\*\*



ALL DVD PLAYERS  
AND MP3'S MUST  
BE COLLECTED BY  
9:30PM AND PUT  
BACK IN SHARPS!!

Both halls are held to the same expectation when it comes to contraband. They get room time if contraband is found and the contraband is taken away (unless it is hygiene products, then it is put back into the hygiene closet). They can also receive aggression free ice cream which is run by leadership every sunday. This is an incentive to encourage the residents to not be aggressive. If they get into any restraints, have verbal or physical aggression then they do not earn ice cream.

# Activities



- The Bradley Center has music therapists, art therapists, and activity specialists.
- Music Therapy changes throughout the year. Typically the residents get to sing, dance, and play instruments and all around have a positive time.
- Art therapy can differ each session also. One example is when the art therapists asked residents to draw their fears and then ask them to make their scary drawings into something goofy and positive. As staff, I would participate to help encourage the residents to take the activity seriously.

# Activities



The residents have activities they can do off unit if they are on level. The activities include:

- Computers
- Gym
- Backyard
- Splash pad
- Sometimes even just walking around the building





# Overall Experience

I feel as though my experience at the *Bradley Center* was worthwhile. During this time, I feel I have learned a lot about working in a residential facility and how the things learned at RMU are important in the psychology field. I got to apply a lot of my learnings to the internship and I feel like I was better prepared than if I were to work there without the knowledge I have gained from RMU. The highlight of my internship was the ability to see how much people can change when put into a supportive environment. Seeing a child that was once awful to have interactions with become one of the best kids on the unit and get discharged is what makes the job worth it.

For future students who would like to internship at the *Bradley Center*, I would say to be prepared for a stressful environment. That you always have to be aware of your surroundings for the safety of the residents but more importantly the safety of yourself. It is a great experience if you are looking into working with children and want the experience of a residential treatment facility.