

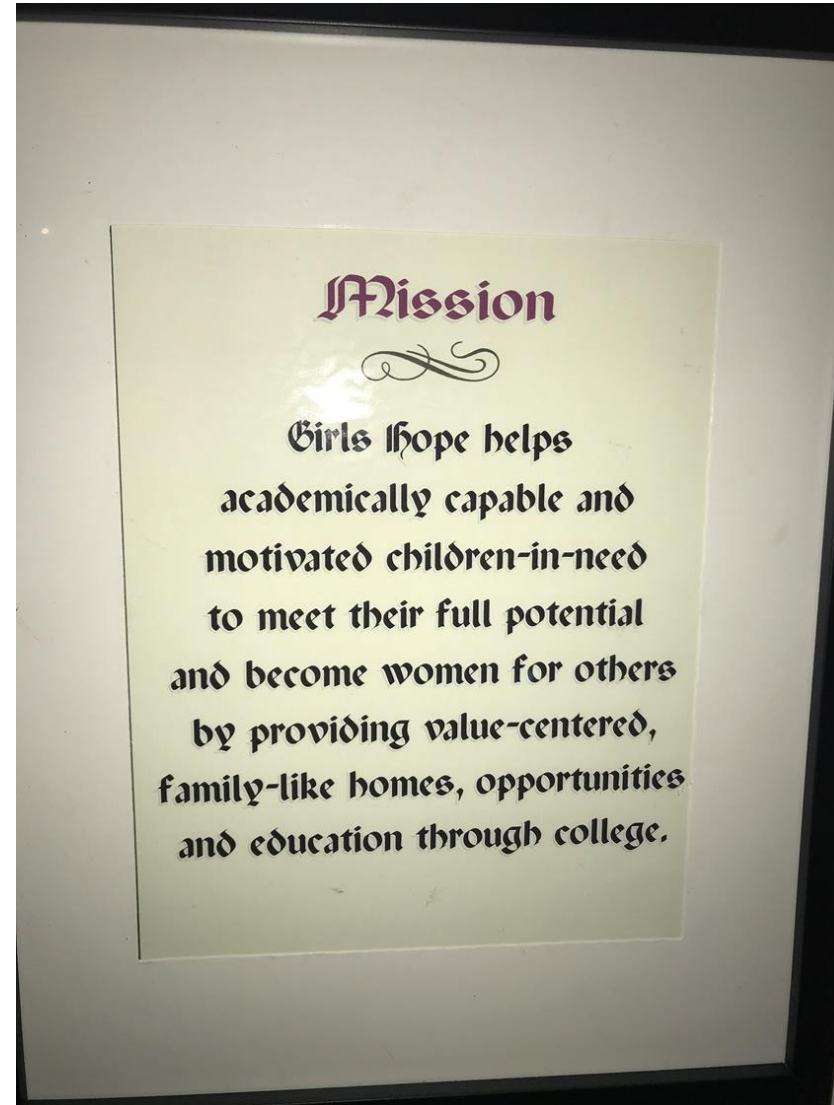
# GIRLS HOPE OF PITTSBURGH

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PRACTICUM EXPERIENCE

April 26, 2018

# GIRLS HOPE MISSION STATEMENT



## **Mission**



**Girls Hope helps  
academically capable and  
motivated children-in-need  
to meet their full potential  
and become women for others  
by providing value-centered,  
family-like homes, opportunities  
and education through college.**



Welcome to the Girls Hope Coraopolis house!



This is the double-door garage we JUST fit the vans into!



**we have two company vehicles!**

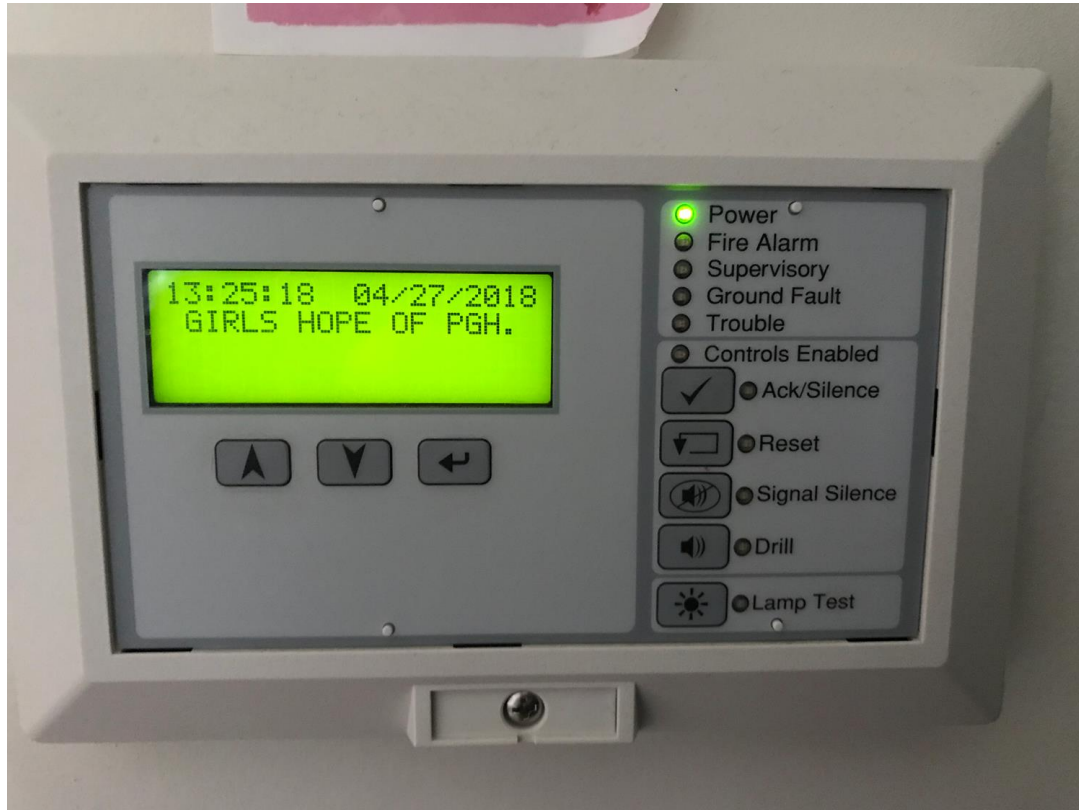




What you see here is the beginning of a brand new basketball hoop! The scholars are helping Mr. Bob (academic tutor) build and paint it on the weekends



Security is extremely important to this organization as we are responsible for the well-being of 8 young women.



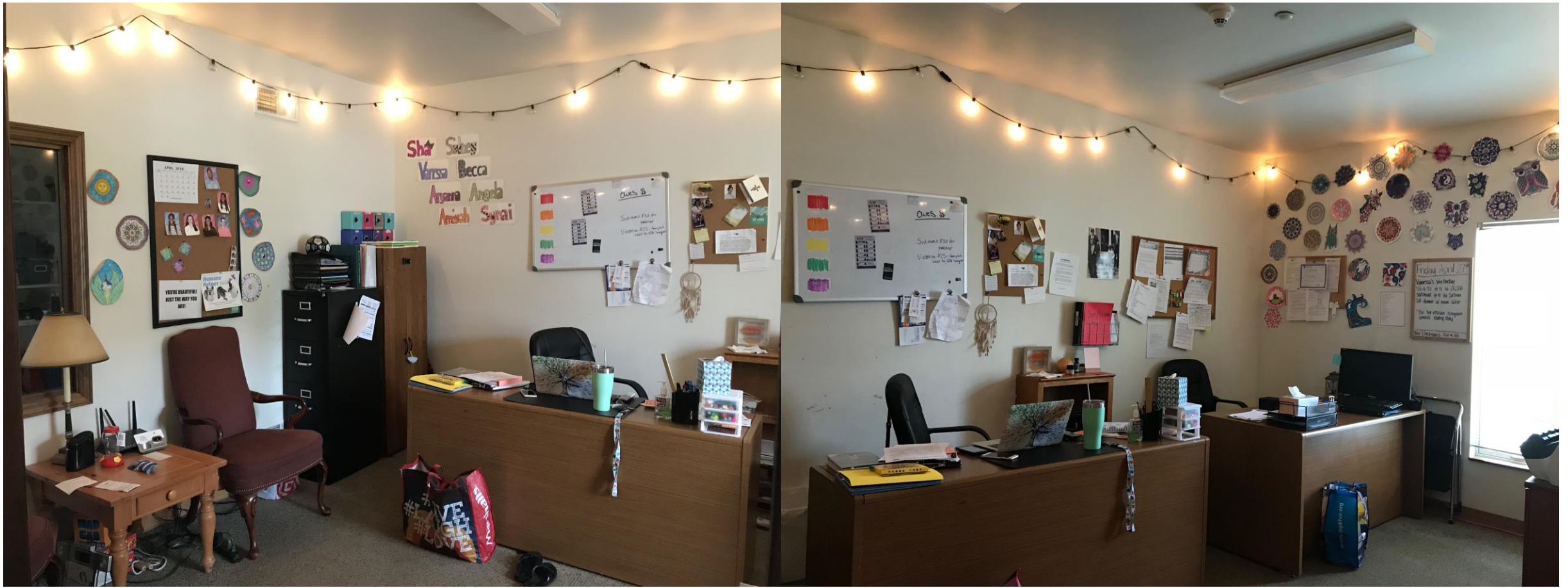
The house is equipped with a security system with motion sensors, as well as a fire alarm!





This entry way of the house is referred to as the parlor. Scholars sometimes utilize the room to the left to study and staff uses it if anyone wants to have a private discussion!





This is the office staff uses every day! This is where I spent a majority of my time when the scholars weren't home. This is where any and all information about scholars is kept. The scholar's laptops, portfolios, allowances, savings, and motivational pictures fill this room!



# APRIL 2018

SUN	MON	TUE	WED	THU	FRI	SAT
O/N MAK SE	O/N MAK CG KH	O/N MAK SE LM	O/N MAK SE LM KH	KH over LM CG	o/n Wagon 10-8am KH LM CG	KG(over) CG
HV Easter 1	HV 2	HV big school out 3	4	5	6	7
O/N MAK KG (mom) TC 10:30-4:10	O/N MAK KH CG	O/N MAK SE CG	O/N MAK SE LM KH	Bring out CG LM KH	John on 10-9 LM KH	Beste o/n KH LM
15	16	17	18	19	20	21
O/N MAK SE LM	O/N MAK SE KH CG	O/N MAK SE LM	O/N MOD SE LM KH	O/N MOD CG KH LM KH(over)	O/N MOD CG KG(over)	CG KG(over)
O/N MOD SE KH CG	O/N MAK SE KH CG	O/N MAK SE CG	O/N MAK SE KH CG	O/N MOD LM KH	O/N MOD LM KH HV	O/N MOD LM KH(over)
22	23	24	25	26	27	28
O/N MAK SE KH(over) HV	O/N MAK SE KH					
29	30					

www.free-printable-calendar.com

## Dinner calendar

### April 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Easter HV	2	3 skipper yes	4 Beef stir fry w/ potato bake	5 ham potato bake	6 felt affect w/ Drac.	7 chicken wraps w/ fries
8 leftovers	9 hot roast w/ mashed potatoes	10 broiled chicken w/ sweet potatoes	11 pork chops w/ stuffing	12 chicken stir fry	13 tacos	14 chicken grillades cheese & soup
15 Choc chips	16 tortellini	17 grilled chicken salsas	18 mashed potato bowls	19 quesadilla	20 chicken stir fry	21 chicken potpie sourd.
22 leftovers	23 burger chops	24 burger's and fries	25 chicken pot (over)	26 chicken salsas	27 chicken stir fry	28 meat beef sourd
29 leftovers	30					

Download Free Printable April 2018 Calendar from [www.24calendars.com](http://www.24calendars.com)

If highlighted  
it has not  
been used yet  
& can be put on a  
new day

### Phenomenal Woman

BY MAYA ANGELOU

Pretty women wonder where my secret lies.  
I'm not cute or built to suit a fashion model's size  
But when I start to tell them,  
They think I'm telling lies.  
I say,  
It's in the reach of my arms,  
The span of my hips,  
The stride of my step,  
The curl of my lips.  
I'm a woman  
Phenomenally.  
Phenomenal woman,  
That's me.

I walk into a room  
Just as cool as you please,  
And to a man,  
The fellows stand or  
Fall down on their knees.  
Then they swarm around me,  
A hive of honey bees.  
I say,  
It's the fire in my eyes,  
And the flash of my teeth,  
The swing in my waist,  
And the joy in my feet.  
I'm a woman  
Phenomenally.  
Phenomenal woman,  
That's me.

## Friday April 27<sup>th</sup>

**Vanessa's birthday**

SH & SS @ 5 to OLSH  
Softball @ 4 to Seton  
VA dinner w/ mom after

"Be the reason someone  
smiles every day."

No Electronics: AW & AB

**Lady of Fatima Catholic**  
7<sup>th</sup> & 8<sup>th</sup> Grade Families.  
Attached you will find a packet of information and if Thursday, May 24, 2018. Please carefully read all deadlines. An initial \$50.00 deposit is due on Monday, May 28, 2018.

In the office we have our staff calendar to keep track of who is on duty, and the bottom calendar is the monthly meal plan! We try to change it up as much as we can, and if a dinner is skipped it gets highlighted to let other staff know it wasn't made yet

The dry erase board is where the daily schedule is written to help be on track of any events, like softball, volunteer work, or therapy the scholars might have!





Week of: April 20 - April 27

	M	T	W	T	F	F	S	S	M	T	W	T	Gain of Allowance	Loss of Allowance	Swear Jar	Total Amount Earned
[Redacted]	✓	✓	✓	✓		✓	X	X	✓	✓	✓	X				
[Redacted]	✓	✓	✓	X		✓	X	X	✓	✓	✓	✓				
[Redacted]	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓				
[Redacted]	✓	✓	✓	✓		X	X	✓	✓	✓	✓	X				
[Redacted]	✓	✓	✓	✓		✓	X	F	✓	✓	✓	X				
[Redacted]	✓	✓	✓	✓		✓	✓	-	✓	✓	✓	✓				
[Redacted]	✓	✓	✓	✓		✓	X	-	✓	X	X	✓				4.5

34

This chart is for room checks. An X indicates that a scholar didn't clean their room. Their allowance is dependent upon the scholars' behaviors and if expectations are met

The charts on the right are the behavior charts! Each scholar is in charge of completing their assigned chore before bed

Date: 4-22 - 4-28

Date	General Clean Up							Phone/Electronics							Bedtime							Comments
	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	
[Redacted]	✓							X	X	X	X				X	X	X	✓				
[Redacted]	✓							X	✓	-	-				✓	-	X	X	X			
[Redacted]	✓							✓	✓	-	-				✓	-	X	✓				
[Redacted]	✓							✓	✓	-	✓				✓	-	X	✓				
[Redacted]	✓							-	✓	X	X				✓	✓	X	X	✓			

Date	Study Time					Dinner							No Electronic Hour					Comments
	Su	M	Tu	W	Th	Su	M	Tu	W	Th	F	Sa	M	Tu	W	Th	F	
[Redacted]	X	✓	✓	✓		✓	✓	✓					✓	-	✓			
[Redacted]	X	✓	✓	✓		✓	-	✓					✓	-	✓			Tuesday - horse
[Redacted]	X	✓	✓	✓		✓	✓	✓					-	-	✓			Does not have her phone as of Tuesday 4/24
[Redacted]	X	✓	✓	✓		✓	✓	✓					-	-	✓			
[Redacted]	-	-	-	-	-	✓	✓	✓					-	-	✓			
[Redacted]	-	-	-	-	-	✓	X	X					-	-	X			

The scholars engaged in an art therapy session right in the basement! The girls were very respectful and appreciative of the mentors who volunteered for this event.







The scholars spend a lot of time in the living room when they get home from school! The girls usually do their homework here. Study time is from 3-4:30PM





Every day around 5PM, the house eats dinner together family-style. The girls are pretty good at respecting our “no phones at the table” rule.





Here is the fully supplied kitchen. I've had the privilege of helping make tacos, a ham and potato casserole dish, and chicken tortellini dinners and received good feedback from the girls!



One of my first responsibilities on duty was to cleanout and reorganize the pantry! The scholars have done a great job at keeping it neat!





The basement isn't used as often as the main floor, but the scholars love watching movies down here! For a while our dining room table was getting repaired, so we also held a few of our weekly staff meetings down here!



Attached to the basement living room is the laundry room where the scholars are all in charge of doing their own laundry





In the laundry room is a locked door that only staff have access to, that leads into our storage! Any extra house hold or school supplies can be found down here.





Within our storage is a new edition: The Hope Store! Hope bucks can be received as an incentive for good behavior, good grades, exceptional behavior or going over the top by doing extra chores. Hope bucks can be cashed in for items from the hope store; items such as beauty products, facial masks, cell phone chargers, and weekly planners!





Throughout the home,  
the windows and doors  
upstairs and in the  
basement are alarmed so  
staff can be alerted if a  
scholar is trying to sneak  
out or runaway!

