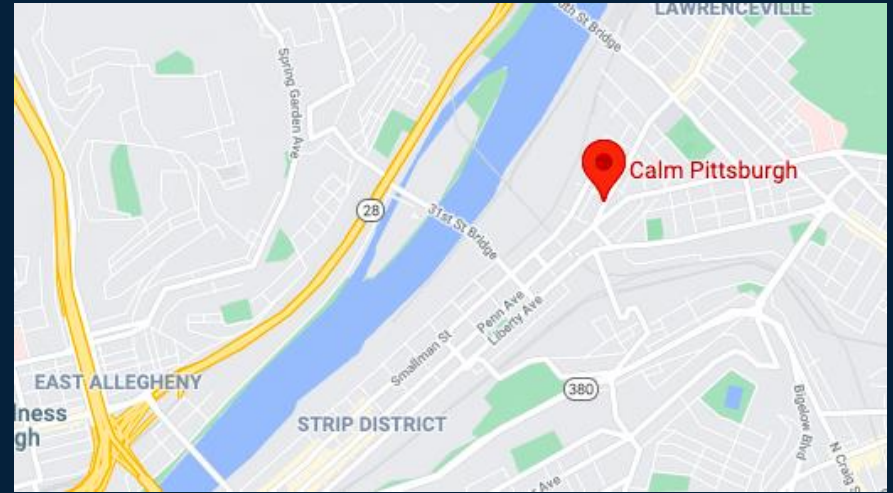


Calm Pittsburgh

...

Private practice in Pittsburgh,
PA

Has an initiative of ensuring that
we remain an inclusive space -
we are allies towards gender,
sexuality, BIPOC, and the
disabled



calmTM
PITTSBURGH

All the Clinicians...

Dana Kirkpatrick

Abby Ritter

Amy Prothro

Emily Franke

Anneke Shuster

Felishatee Rodriguez

Elise Glad

Charmaine Ensinger

Julia Bodura Yost

Dr. Kate Hostetler

Nanelle Florence

Sarah Forrest

- All of these clinicians are of different therapeutic styles, approaches
- They all have different specialties, some work with different age groups

Who did I mainly work with?

Dana Kirkpatrick

Owner/Director



Chiara Orsini

Practice Manager



Some Duties and Responsibilities

This varied by day, which was awesome

- Assisted with outreach for partnerships and maintained a referral list for clients who we could not see at the moment
- Observed various therapy sessions at client discretion
- Talked with companies about possible demos, samples, etc
- Maintained filing systems based on current need
- General support to staff and clients whenever necessary

The Space

Calm is on the third floor of the building, this is what one would see when they walk up to it



Waiting Areas

There are two waiting areas for clients to sit

Jen McNulty, the practice designer, worked with Dana to ensure that everyone would have their own calm, comfortable bubble to sit in



Waiting Areas

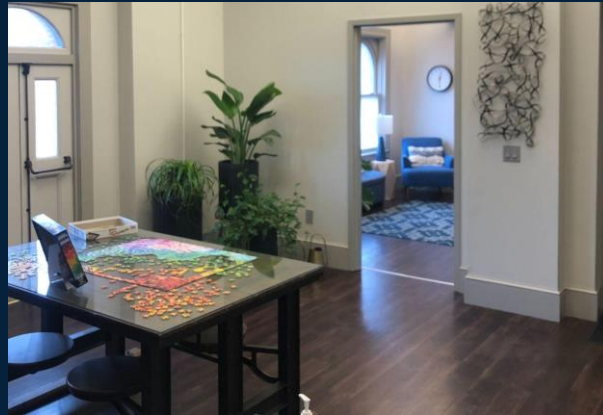
The areas also have beverage stations with water, tea, coffee, and the fixings



Library Room

Calm has a large library with books for a lot of topics ranging from ADHD to Sex Therapy to PostPartum/Pregnancy, etc

This room also has puzzles, sensory tools, and a fish tank





Kitchen and Dining Area

Their kitchen and dining area are open to all clients and staff and it remains stocked with snacks consistently



More Contents of the Kitchen...



Some of the Therapy Offices

The offices here are for clients of all ages, as you can see in some of them there are featured things for art therapy and children's sessions



Other Offices





A changing table in the bathroom

Some Other Touches

To the left are Kinder White Noise machines. There are multiple of these throughout the entire office so that while waiting, in other sessions, and while working, no one can hear the sessions going on in other rooms



Some Other Touches

Client art is featured in various spaces of the practice, this is one example



An Initiative to Create a Safe, Welcoming Space

Calm has an initiative to create a space where everyone knows they are welcome regardless of gender, sexuality, race, etc.



My Experience

This place changed my life.

- I learned more than I can express
- The laid back nature of the staff should not get in the way of the work that needs done
- I would highly recommend this placement for anyone who is looking into a future with sex therapy, sexual education, or the business side of therapy